



Aetna® Institutes of Quality®

Choose a facility you trust

Hip and knee replacement, heart surgery and gastric bypass have become fairly common procedures over the years. However, with all surgery comes some risk. Choosing a facility known for providing quality care can help put your mind at ease. As a Meritain Health® member, you have access to a special network of hospitals and other facilities known as Institutes of Quality (IOQ).

What procedures do these facilities differ?

IOQ facilities must meet strict standards for quality and efficiency. To qualify, several factors are looked at, including the level of care received, how often patients return to a hospital after surgery and the number of procedures a facility performs.

What procedures do these facilities specialize in?



Bariatric (for weight loss)

This is surgery for people living with extreme or morbid obesity.



Cardiac (for the heart)

This applies to rhythm disorders, heart surgery and certain heart treatments.



Orthopedic (for the joints and spine)

This applies to spine surgery, knee replacement and hip replacement.

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Additional resources

After surgery, we'll be right here to help you have a smooth recovery and get back to your life. You have access to tools and information to help you make wise decisions, including:

- **Your member website.** This is an online resource for your benefits and health information. You can find an Institutes of Quality facility or doctor, get cost estimates and more.
- **Member services.** We can help provide more information or answer any questions about your condition.

Find an Institutes of Quality facility near you

To see a list of facilities and specialists, go to <http://www.aetna.com/docfind/custom/mymeritain/> and click *Find a doctor*. If you need help looking for a specialist, look for hospital affiliation. Then, click the name of the hospital to see if it's an Institutes of Quality facility.



If you have any questions or want to learn more, just call us using the number on the back of your ID card or go to www.meritain.com.

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