2023 Model Precertification List with High-Cost Drug Management

You can help make sure you and your family get quality health care when and where you need it. Meritain Health's® Medical Management Program is designed to ensure that you and your eligible dependents receive the right health care while avoiding unnecessary costs.

All inpatient admissions

- Acute
- Long-term acute care
- Rehabilitation
- Mental health/substance use disorder
- Residential treatment facility
- Transplant
- Skilled nursing facility

Outpatient and Physician: Surgery

- Thyroidectomy, partial or complete
- Open prostatectomy
- Oophorectomy: unilateral and bilateral
- Back surgeries and hardware related to surgery
- Osteochondral allograft, knee
- Hysterectomy (including prophylactic)
- Autologous chondrocyte implantation, carticel
- Transplant (excluding cornea)
- Balloon sinuplasty
- Sleep apnea related surgeries, limited to:
  - Radiofrequency ablation (coblation, somnoplasty)
  - Uvulopalatopharyngoplasty (UPPP), including laser-assisted procedures

Outpatient and Physician: Continuing Care Services

- Chemotherapy (including oral)
- Radiation therapy
- Oncology and transplant related injections, infusions and treatments (e.g., CAR-T, endocrine and immunotherapy), excluding supportive drugs (e.g., antiemetic and antihistamine)
- Gene Therapies
- Hyperbaric oxygen
- Home healthcare
- Durable Medical Equipment (DME), limited to electric/motorized scooters or wheelchairs and pneumatic compression devices

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Outpatient and Physician: Diagnostic Services

- CT for non-orthopedic
- MRI for non-orthopedic
- PET
- Capsule endoscopy

High Cost Drugs

- Injectibles that cost $2,000 or more per drug per month
- Infusion therapies that cost $2,000 or more per drug per month
- Gene therapies

Prenotification

- Biopsies
- Vascular access devices/ports for chemotherapy delivery
- Creation and revision of arteriovenous fistula or vessel-to-vessel cannula for dialysis treatment delivery
- Dialysis

We recommend you obtain precertification from your plan if procedures could be considered experimental/investigational or are potentially cosmetic in nature (such as, but not limited to: abdominoplasty, cervicoplasty, liposuction/lipectomy, mammoplasty, augmentation and reduction [includes removal of implant], morbid obesity procedures, septoplasty, etc.).

Precertification of these services ensures the requested service is medically necessary and appropriate. All items listed here may not be covered under your plan even if it is determined that the requested service is medically necessary. To determine whether a benefit is covered or excluded, please review the eligible medical benefits and/or exclusions sections of your plan.

Questions? If you have any questions, we can help. Just call us at the number on your ID card.

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At Meritain Health®, we're creating unrivaled connections.

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